

Sore throats

RFQs

Are you able to swallow?

Provide

It's difficult to be totally sure what is causing your sore throat. Whatever is causing your sore throat, 85% of people will be better within 7 days. With your pussy throat, big glands, fever and lack of cough there is a 50% chance that your sore throat is caused by a bacteria, and antibiotics might help you to feel better, a day sooner. But on the downside there is a 10-20% chance that antibiotics could cause diarrhoea, a rash or a nasty allergic reaction. Is it important for you to feel better a day sooner?

Safety net:

We would need to see you again urgently if you are finding it difficult to swallow liquids, in case you might be developing an abscess (a quinsy). We should probably do a blood count and a test for glandular fever if you are no better in 2 weeks.